## **ADHD** Parenting Summit 2024

## October 21st, 9 a.m. ET

All of the sessions are pre-recorded in a form of an interview and will air **simultaneously** each day. You'll have **FREE access** to the videos for **24 hours** after they unlock.

Each session lasts between 30-60 minutes.

#### **Day 1: Building Routines & Screen Management**

- The Surprising Details Parents Overlook When Building Routines That Truly Work (with Dayna Abraham, National Board-Certified Educator & 'Lemon Lime Adventures' Founder)
- When to Cut Some Slack and When to Get Serious: Everyday Hacks for Raising Awesome Kids (with Dr. Ann-Louise Lockhart, Board-Certified Pediatric Psychologist)
- The Must-Know, Hard-to-Hear Facts for Parents Raising ADHD Kids in a Tech-Driven World (with **Dr. Victoria Dunckley**, Award-Winning Integrative Psychiatrist)
- Unbeatable Natural Methods Every Parent Must Know to Keep Daily Routines in Check Consistently (with Alex Fraysse, ADHD & Performance Coach)
- How the 'Wall of Awful' Makes ADHD Routines Harder & What to Do About It (with Brendan Mahan, Internationally Recognized ADHD Expert)
- Powerful Stories From YouTube's #1 Family That Will Radically Change How You Parent Your
  ADHD Child (with Kim & Penn Holderness, Viral Content Creators)
- A Strong Get-It-Done Plan for Kids With ADHD to Overcome Even the Roughest Days (with Nikki Kinzer, Certified ADHD Coach)
- How to Get Kids Off Technology Without Meltdowns (Yours or Theirs) (with **Diane Dempster**,
  Co-Founder of 'ImpactParents' & Renowned Educator)
- The Only Digital Detox You'll Ever Need: How to Get Kids Pumped About Nature When They'd Rather Be on Their Phones (with **Dr. Joel Gator Warsh**, Board-Certified Integrative & Holistic Pediatrician)



# **ADHD** Parenting Summit 2024

### October 22nd, 9 a.m. ET

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Each session lasts between 30-60 minutes.

### **Day 2: School Productivity, Attention & Focus**

- Often Overlooked Ways to Empower Your Kid to Break Through School Barriers & Succeed in Life (with **Dr. Emily W. King**, Neuro-Affirming Child Psychologist and Ex-School Psychologist)
- Transforming the Kid's School Experience With Little-Known ADHD Coaching Strategies (with Cindy Goldrich, Founder of 'PTS Coaching' & Columbia University-Trained Psychologist)
- Expert Advice From +25 Years in the Classroom to Get Your Kid in Sync and Maximize Their
  Strengths (with Carol Stock Kranowitz, Best-Selling Author of 'The Out-of-Sync Child' Series)
- The Gold Standard Guide for Turning Your Bright Kid into a Brilliant Success in School and Life (with Dr. Edward Hallowell, World Authority on ADHD & New York Times Best-Selling Author)
- Who Are These Twice-Exceptional Kids Anyway? Empowering Your Kid When School Doesn't
  Get Them (with Julie Skolnick, Founder of 'With Understanding Comes Calm', Prolific Author)
- How to Turn Your ADHD Kid Into a Go-Getter Against All Odds: ADHD Hacks From a Harvard Success (with Aron Croft, Harvard-Educated Coaching Psychologist)
- Turning Off the ADHD Brain Chatter to Crush School Obstacles Once and for All (with Bonnie Mincu, Senior Certified ADHD Coach & Founder of 'Thrive With ADHD')
- Executive-Level Attention Hacks to Help Keep Your ADHD Kids Laser-Focused (with Juli Shulem, Fortune 500 Executive Productivity Coach & Organizational Psychologist)
- The Unseen Needs of ADHD Teens: Insights From Thousands of Coaching Hours (with Kelly Biltz, Certified ADHD Teen Life Coach)



## **ADHD** Parenting Summit 2024

### October 23rd, 9 a.m. ET

All of the sessions are pre-recorded in a form of an interview and will air **simultaneously** each day. You'll have **FREE access** to the videos for **24 hours** after they unlock.

Each session lasts between 30-60 minutes.

### **Day 3: Managing Emotions & Handling Tantrums**

- Transform Yourself Into the Rock-Solid Support Your Brilliant Neurospicy Child Deserves to Have (with Elaine Taylor-Klaus, Co-Founder & CEO of 'ImpactADHD' & Master Certified Coach)
- The Winning Psychology of Confident ADHD Parents & How to Become One Yourself (with Dr. Robert Brooks, Clinical Psychologist at Harvard Medical School)
- You Only Get One Shot at Raising Emotionally Strong Kids—Here's How to Nail It (with Leslie Josel, Award-Winning ADHD Student & Parenting Coach)
- How Investing in Your Own Growth Can Do More for Your Child Than Attempting to Change Them (with **Debbie Reber**, New York Times Best-Selling Author, Keynote Speaker)
- How Uncovering the Core of Your ADHD Kid's Problems Can Dramatically Improve Their Life (with Laurie Dupar, 20+ Year Certified ADHD Life Coach & Trained Nurse Practitioner)
- How Parents Can Accidentally Set Off Neurodivergent Kids & Easy Ways to Fix It (with Dr. Michelle Mullaley, Licensed Clinical Psychologist)
- Giftedness & ADHD Kids: What You Think You Know Is Probably Wrong (with **Dr. Matthew Zakreski**, Seasoned Clinical Psychologist & International Speaker)
- The Raw Truth: How I Transformed From a Controlling Mom to a Confident Parent of a Child With ADHD (with **Penny Williams**, Author of the Amazon Best-Seller 'Boy Without Instructions')

