ADHD Parenting Summit 2025

August 25th, 9 a.m. ET

All of the sessions are pre-recorded in a form of an interview and will air **simultaneously** each day. You'll have **FREE access** to the videos for **24 hours** after they unlock.

Each session lasts between 30-60 minutes.

Day 1: Building Routines & Screen Management

- The Surprising Details Parents Overlook When Building Routines That Truly Work (with **Dayna Abraham**, *National Board-Certified Educator & 'Lemon Lime Adventures' Founder)*
- When to Cut Some Slack and When to Get Serious: Everyday Hacks for Raising Awesome Kids (with **Dr. Ann-Louise Lockhart**, *Board-Certified Pediatric Psychologist*)
- The Must-Know, Hard-to-Hear Facts for Parents Raising ADHD Kids in a Tech-Driven World (with **Dr. Victoria Dunckley**, *Award-Winning Integrative Psychiatrist*)
- Unbeatable Natural Methods Every Parent Must Know to Keep Daily Routines in Check Consistently (with **Alex Fraysse**, *ADHD & Performance Coach*)
- How the 'Wall of Awful' Makes ADHD Routines Harder & What to Do About It (with **Brendan Mahan**, *Internationally Recognized ADHD Expert*)
- Powerful Stories From YouTube's #1 Family That Will Radically Change How You Parent Your ADHD Child (with **Kim & Penn Holderness**, *Viral Content Creators*)
- A Strong Get-It-Done Plan for Kids With ADHD to Overcome Even the Roughest Days (with **Nikki Kinzer**, *Certified ADHD Coach*)
- How to Get Kids Off Technology Without Meltdowns (Yours or Theirs) (with **Diane Dempster**, *Co-Founder of 'ImpactParents' & Renowned Educator*)
- The Only Digital Detox You'll Ever Need: How to Get Kids Pumped About Nature When They'd Rather Be on Their Phones (with **Dr. Joel Gator Warsh**, *Board-Certified Integrative & Holistic Pediatrician*)

ADHD Parenting Summit 2025

August 26th, 9 a.m. ET

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Each session lasts between 30-60 minutes.

Day 2: School Productivity, Attention & Focus

- Often Overlooked Ways to Empower Your Kid to Break Through School Barriers & Succeed in Life (with **Dr. Emily W. King**, *Neuro-Affirming Child Psychologist and Ex-School Psychologist*)
- Transforming the Kid's School Experience With Little-Known ADHD Coaching Strategies (with **Cindy Goldrich,** *Founder of 'PTS Coaching' & Columbia University-Trained Psychologist*)
- Expert Advice From +25 Years in the Classroom to Get Your Kid in Sync and Maximize Their Strengths (with **Carol Stock Kranowitz**, *Best-Selling Author of 'The Out-of-Sync Child' Series*)
- The Gold Standard Guide for Turning Your Bright Kid into a Brilliant Success in School and Life (with **Dr. Edward Hallowell**, *World Authority on ADHD & New York Times Best-Selling Author*)
- Who Are These Twice-Exceptional Kids Anyway? Empowering Your Kid When School Doesn't Get Them (with **Julie Skolnick**, *Founder of 'With Understanding Comes Calm', Prolific Author*)
- How to Turn Your ADHD Kid Into a Go-Getter Against All Odds: ADHD Hacks From a Harvard Success (with **Aron Croft**, *Harvard-Educated Coaching Psychologist*)
- Turning Off the ADHD Brain Chatter to Crush School Obstacles Once and for All (with **Bonnie Mincu**, *Senior Certified ADHD Coach & Founder of 'Thrive With ADHD'*)
- Executive-Level Attention Hacks to Help Keep Your ADHD Kids Laser-Focused (with **Juli Shulem**, *Fortune 500 Executive Productivity Coach & Organizational Psychologist*)
- The Unseen Needs of ADHD Teens: Insights From Thousands of Coaching Hours (with **Kelly Biltz**, *Certified ADHD Teen Life Coach*)

ADHD Parenting Summit 2025

August 27th, 9 a.m. ET

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Each session lasts between 30-60 minutes.

Day 3: Managing Emotions & Handling Tantrums

- Transform Yourself Into the Rock-Solid Support Your Brilliant Neurospicy Child Deserves to Have (with **Elaine Taylor-Klaus**, *Co-Founder & CEO of 'ImpactADHD' & Master Certified Coach*)
- The Winning Psychology of Confident ADHD Parents & How to Become One Yourself (with **Dr. Robert Brooks**, *Clinical Psychologist at Harvard Medical School*)
- You Only Get One Shot at Raising Emotionally Strong Kids—Here's How to Nail It (with **Leslie Josel**, *Award-Winning ADHD Student & Parenting Coach*)
- How Investing in Your Own Growth Can Do More for Your Child Than Attempting to Change Them (with **Debbie Reber**, *New York Times Best-Selling Author, Keynote Speaker*)
- How Uncovering the Core of Your ADHD Kid's Problems Can Dramatically Improve Their Life (with **Laurie Dupar**, *20+ Year Certified ADHD Life Coach & Trained Nurse Practitioner*)
- How Parents Can Accidentally Set Off Neurodivergent Kids & Easy Ways to Fix It (with **Dr. Michelle Mullaley**, *Licensed Clinical Psychologist)*
- Giftedness & ADHD Kids: What You Think You Know Is Probably Wrong (with **Dr. Matthew Zakreski**, *Seasoned Clinical Psychologist & International Speaker*)
- The Raw Truth: How I Transformed From a Controlling Mom to a Confident Parent of a Child With ADHD (with **Penny Williams**, *Author of the Amazon Best-Seller 'Boy Without Instructions'*)